# TÜRKİYE ENDOKRİNOLOJİ VE METABOLİZMA DERNEĞİ BÜLTENİ

Üç ayda bir yayımlanır • Üyelere ücretsiz olarak gönderilir

Sayı 67 • Temmuz – Ağustos – Eylül - 2019

# DİYABETTE GÜNCELLEME ve OLGU TARTIŞMA TOPLANTISI - 25 YAPILDI

TEMD Diyabet Çalışma Grubu **"Diyabette Güncelleme ve Olgu Tartışma Toplantıları – 25"**, 14 Eylül 2019 tarihinde Yüzüncü Yıl Üniversitesi Tıp Fakültesi ev sahipliğinde Van'da gerçekleştirilmiştir. Toplantıya bölgedeki endokrinoloji uzmanları, iç hastalıkları uzmanları ve aile hekimlerinden toplam 66 meslektaşımız katılmıştır. Emeği geçen üyelerimize teşekkür eder, başarılarının devamını dileriz.





# ENDOKRİNOLOGLAR İÇİN İLERİ TİROİD VE BOYUN ULTRASONOGRAFİSİ KURSU TAMAMLANDI

Endokrinologlar İçin İleri Tiroid ve Boyun Ultrasonografisi Kursu, 23 Eylül 2019 tarihinde Movenpick Otel-Ankara'da yaklaşık 40 meslektaşımızın katılımı ile başarılı bir şekilde tamamlanmıştır.

Emeği geçen üyelerimize teşekkür eder, başarılarının devamını dileriz.





# SAĞLIKTA ŞİDDETE HAYIR KAMUOYU DUYURUSU

Derneğimiz Yönetim Kurulunun üç ayrı gazetede tam sayfa yayınlattığı **"SAĞLIKTA ŞİDDETE HAYIR"** kamuoyu duyurusu bilgilerinize sunulur.

Sağlıkta şiddet, sağlık hizmet sunumunun hemen her aşamasında yaygın ve ciddi bir sorun haline dönüşmüştür. Sağlık kuruluşlarında her gün onlarca doktor ve sağlık personeli sözlü ve fiziksel şiddete uğramaktadır. Bu sorun, bir yandan hekimlerin ve sağlık çalışanlarının can güvenliğini tehdit etmekte, diğer yandan sağlık hizmetinin sunumunu engellemektedir.

Sağlıkta şiddetin son kurbanı Mardin Devlet Hastanesinde görevli, Endokrinoloji ve Metabolizma Hastalıkları Uzmanı Dr. Davut SAKIZ ve Enfeksiyon Hastalıkları Uzmanı Dr. Ayşe SAKIZ olmuştur.

Türkiye Endokrinoloji ve Metabolizma Derneği olarak meslektaşlarımıza ve sağlık mensuplarına yapılan her türlü saldırıyı kınıyoruz. Sağlık çalışanlarının güvenliğinin sağlanması için caydırıcı ve önleyici gerçekçi önlemlerin en kısa sürede hayata geçirilmesi gerektiğine dikkat çekiyoruz.

Kamuoyuna saygiyla duyurulur.

Türkiye Endokrinoloji ve Metabolizma Derneği Yönetim Kurulu



### Kongre, Kurslar ve Sempozyumlar



### Bilimsel Kongreler, Ulusal ve Uluslararası Sempozyumlar

- 04-06 Ekim 2019
  Mezuniyet Sonrası Eğitim Kursu ENDOKURS 4
  (Atatürk'ün Samsun'a çıkışının 100. yılı onuruna)
  Anemon Hotel, Samsun
  http://endokurs.org/
- 18-19 Ekim 2019
  5. Metabolik Kemik Hastalıkları Sempozyumu, Prof. Dr. Miyase Bayraktar Onuruna Hacettepe Kongre Merkezi, Ankara
- 19 Ekim 2019
  İç Hastalıkları Uzmanları İçin Pratik Tiroidoloji
  Kursu TİROKURS 25
  Hatay
- 24-27 Ekim 2019
  EndoBridge 2019
  Antalya
  http://www.endobridge.org/
- 30 Ekim 3 Kasım 2019
  89<sup>th</sup> Annual Meeting of the ATA Chicago, IL https://www.thyroid.org/89th-annual-meeting-ata/
- 08-09 Kasım 2019
  15. Hipofiz Hastalıkları Sempozyumu ve 2. Hipofiz Görüntüleme Kursu
   Sheraton Otel, Ankara http://www.hipofiz2019.org/
- 15-16 Kasım 2019
  1<sup>st</sup> International Meeting on Thyroid Ultrasoundguided, Minimally Invasive Therapies
   Reggio Emilia, Italy
   http://www.nordestcongressi.it/site/event/1st-tntmeetingthyroid-nodule-therapies/?lang=en

- 23 Kasım 2019
  Metabolik Kemik Hastalıkları Kursu OSTEOKURS Bursa
- 2-6 Aralık 2019
  IDF 2019 Congress
  Busan Korea
  https://www.idf2019busan.org/
- 7-8 Aralık 2019
  Tiroide Klinik Yaklaşım
  Tiroid Disfonksiyonuna Multidisipliner Yaklaşım Sempozyumu Kaya Otel, İzmir
- 7-8 Aralık 2019
  TEMD 18. Hipertansiyon, Dislipidemi ve Obezite Eğitim Sempozyumu
   Harran Üniversitesi Tıp Fakültesi Dekanlığı Konferans Salonu, Şanlıurfa
   www.temd.org.tr
- 13-14 Aralık 2019
  9. Adrenal Gonad ve Nöroendokrin Tümörler Sempozyumu Divan Express Otel, Eskişehir http://www.adrenalgonad.org/
- 28-31 Mart 2020
  ENDO 2020
  San Francisco, ABD
  http://endo.officialcongress.org/
- 15-19 Nisan 2020
  42. Türkiye Endokrinoloji ve Metabolizma Hastalıkları Kongresi Sueno Kongre Merkezi, Antalya http://www.temhk2020.org
- 23-26 Mayıs 2020
  ECE 2020
  Prag, Çek Cumhuriyeti https://www.ese-hormones.org/

#### Üyelerimizden Literatür Seçmeleri

#### THE POSSIBLE EFFECTS OF DAPAGLIFLOZIN ON 12-DERIVED ELEC-TROCARDIOGRAM IN PATIENTS WITH TYPE 2 DIABETES MELLITUS.

Akkuş O<sup>1</sup>, Akkuş G<sup>2</sup>, Kaypaklı O<sup>1</sup>.

Endocr Metab Immune Disord Drug Targets. 2019;19(2):207-213. doi: 10.2174/18715 30319666181218121508.

**BACKGROUND:** Dapagliflozin, sodium glucose cotransporter 2 inhibitor, has potential side effects on electrolyte imbalance as it has diuretic effects which include decreasing glucose reabsorption, increasing glucosuria and natriuresis. We aimed to determine the possible effects of dapagliflozin on electrocardiogram (ECG) in patients with type 2 DM.

**MATERIAL AND METHODS:** This retrospective study consisted of 49 patients (25 female, 24 male). Patients who had inadequate glycemic control besides using several oral antidiabetics, subsequently endorsed with dapagliflozin, were included in the current study.

**RESULTS:** Meantime interval from treatment initiation to control was 10.5  $\pm$  5.03 weeks. Body mass index, glucose, HbA1C, eGFR, LDL-C, heart rate, systolic and diastolic blood pressures were found to be significantly lower at control admission (p<0.05). Creatinine and QT interval were significantly higher at control admission (p<0.05). Baseline Tpe duration and baseline Tpe/QT ratio were found to be significantly correlated with Tpe/QT difference (p<0.05). In linear regression analysis, baseline Tpe/QT ratio was found to be the sole independent predictor of Tpe/QT difference (p<0.05).

**CONCLUSION:** Initiation of dapagliflozin treatment seems to be safe, up to several months, in terms of serum electrolytes and ECG findings in patients with type 2 DM with a probable improvement.

#### ADIPOCYTOKINES IN NON-FUNCTIONAL ADRENAL INCIDENTALO-MAS AND RELATION WITH INSULIN RESISTANCE PARAMETERS.

Akkus G<sup>1</sup>, Evran M<sup>1</sup>, Sert M<sup>1</sup>, Tetiker T<sup>1</sup>.

Endocr Metab Immune Disord Drug Targets. 2019;19(3):326-332. doi: 10.2174/18715 30318666181009112042.

**OBJECTIVE:** Adrenal incidentalomas are diagnosed incidentally during radiological screenings and require endocrinological investigations for hormonal activity and malignancy. In certain studies, it has been reported that non-functional incidentalomas can be associated with high adipocytokines levels affecting the insulin resistance just like the adipose tissue with metabolic syndrome. Here, we studied serum adipocytokine levels including leptin, resistin, visfatin, omentin 1 and adiponectin in subjects with non-functional adrenal incidentaloma.

**METHODS:** Seventy-seven (77) patients (Female 57; Male 20) with nonfunctional adrenal incidentaloma (NFAI) were enrolled in the study. All patients' past medical history, physical examination including Body Mass Index (BMI) and waist circumference were performed. The patients' demographic, radiologic, hormonal and biochemical parameters were recorded. To compare the parameters, a control group (CG) (n=30) was formed from healthy volunteers. Both groups were matched for age, gender, waist circumference and BMI. Serum adipocytokines including leptin, resistin, visfatin, omentin 1 and adiponectin were measured quantitatively by ELISA. Fasting plasma glucose, insulin, sodium, potassium, cortisol, adrenocorticotropic hormone (ACTH), lipid profiles, and dehidroepiandrostenedion sulphate (DHEAS) were measured.

**RESULTS:** Mean age of the patients was 52.2 $\pm$ 10.4 years. BMI and waist circumference of NFAI patients were 26.2 $\pm$ 3.28 kg/m2 and 90.2  $\pm$ 7.5cm, respectively. The mean age of the control group was 48.0 $\pm$ 8.16. BMI and waist circumference values for the control group were 25.3 $\pm$ 3.5 kg/m2 and 88.3 $\pm$ 9.6 cm, respectively. When both groups were compared for age, gender, BMI and waist circumference were non-significant (p>0.05). Serum fasting insulin, total cholesterol, LDL, triglyceride levels of the NFAI group were significantly higher than CG (p<0.05). The insulin resistance index (HOMAIR) values of the NFAI subjects were found to be higher than CG (2.5 $\pm$ 1.37, 1.1 $\pm$ 0.3 p=0.00). Resistin level of NFAI group was also found to be higher than CG [286.6 ng/L vs. 197 ng/L; (P=0,00)], respectively. Leptin levels of NFAI were significantly higher than CG [441.1 ng/mL vs. 186.5 ng/mL; (P=0.00)] respectively. Adiponectin levels were significantly reduced in the NFAI group than in the CG [10.7 mg/L vs. 30.8 mg/L; (P=0.00)]. Comparison of visfatin and omentin levels was nonsignificant.

CONCLUSION: In this study on subjects with non-functional adrenal

incidentaloma, we found not only significantly decreased serum adiponectin levels but also increased leptin, resistin levels as well as dyslipidemia, hypertension and high insulin resistance index. All of which could affect insulin resistance and cardiovascular risk factors. The underlying mechanisms of these findings are unknown, hence further studies are needed.

#### DIAGNOSTIC EFFICACY OF 18F-FDG PET/CT IN PATIENTS WITH ADRE-NAL INCIDENTALOMA.

Akkus G<sup>1</sup>, Güney IB<sup>2</sup>, Ok F<sup>3</sup>, Evran M<sup>4</sup>, Izol V<sup>5</sup>, Erdoğan S<sup>6</sup>, Bayazit Y<sup>7</sup>, Sert M<sup>8</sup>, Tetiker T<sup>9</sup>. *Endocr Connect. 2019 May 1. pii: EC-19-0204.R1. doi: 10.1530/EC-19-0204. [Epub ahead of print]* 

**BACKGROUND:** We performed 18F-FDG PET/CT scan to assess the SUVmax values in the different adrenal masses including Cushing syndrome, pheochromocytoma, primary hyperaldosteronism and nonfunctional adrenal adenomas.

**METHODS:** A total of 109 (73 F, 36 M) patients with adrenal mass (incidentaloma), mean age of  $53.3\pm10.2$  year (range, 24 to 70) were screened by 18F-FDG PET/CT. Adrenal masses were identified according to the calculated standardized uptake values (SUV). Clinical examination, 24-h urine cortisol, catecholamine metabolits, 1-mg dexamethasone suppression test, aldosterone/renin ratio, and serum electrolytes were studied.

**RESULTS:** Based on the clinical and hormonal evaluations, there were 96 patients with non-functional adrenal mass, 4 with cortisol secreting, 4 with pheochromcytomas and 1 with aldosterone secreting adenoma. Mean adrenal mass diameter of 109 patients was 2.1±4.3 (range, 1 to 6.5 cm). 18F-FDG PET/ CT imaging of the patients revealed that lower SUVmax values were found in non-functional adrenal masses (SUVmax 3.2) when compared to the functional adrenal masses including 4 with cortisol secreting adenoma (SUVmax10.1); 4 with pheochromcytomas (SUVmax 8.7) and 1 with aldosterone secreting adenomas (SUVmax 3.30). Cortisol secreting (Cushing syndrome) adrenal masses showed the highest SUVmaxvalue (10.1), and a cut-off SUVmaxof 4.135 was found with a 84.6% a sensitivity and 75.6% specificity cortisol-secreting adrenal adenoma.

**CONCLUSIONS:** Consistent with previous limited studies, 18F-FDG PET/CT scan SUVmax values did not show increased FDG uptake, and certain forms of functional adrenal adenomas could present with mild FDG uptake. Functional adrenal adenomas (cortisol secreting was the most common) showed increased FDG uptake in comparison to non-functional adrenal masses.

# ASSESSMENT OF SERUM GALECTIN-3, METHYLATED ARGININE AND HS-CRP LEVELS IN TYPE 2 DIABETES AND PREDIABETES.

Atalar MN<sup>1</sup>, Abuşoğlu S<sup>2</sup>, Ünlü A<sup>2</sup>, Tok O<sup>2</sup>, İpekçi SH<sup>3</sup>, Baldane S<sup>3</sup>, Kebapcılar L<sup>3</sup> Life Sci. 2019 Aug 15;231:116577. doi: 10.016/j.lfs.2019.116577. Epub 2019 Jun 15.

**PURPOSE:** Galectin-3 is associated with the process of inflammation and fibrosis. The aim of this study was both to evaluate of galectin-3, methylated arginines and hs-CRP in subjects with type 2 diabetes and prediabetes and to investigate a relation between serum galectin-3, methylated arginines and hs-CRP levels.

**METHODS:** In this study, all subjects were defined as the control group, type 2 diabetes (n = 84) by fasting plasma glucose and prediabetes (n = 34) by 75-g oral glucose tolerance test. Also, participants with type 2 diabetes were divided into as group I (HbA1c  $\leq$ 7%, n = 40) and group II (HbA1c  $\geq$ 7%, n = 44). The analysis of serum methylated arginines levels was analyzed by tandem mass spectrometry. Galectin-3 levels were determined via chemiluminescent microparticle immunoassay (CMIA).

**RESULTS:** Serum galectin-3, ADMA, L-NMMA and SDMA levels were significantly lower in the control group  $(13.3 \pm 3.42; 0.630 (0.13-1.36); 0.176 (0.02-0.53); 0.115 (0.04-0.26), respectively) compared to diabetic subjects <math>(15.71 \pm 4.22; 0.825 (0.23-2.80); 0.366 (0.08-1.41); 0.1645 (0.06-0.47), p = 0.002, p = 0.01, p = 0.001$  and p = 0.006, respectively). Galectin-3 was positively correlated with hs-CRP (r = 0.295 p = 0.001), L-NMMA (r = 0.181 p = 0.022), HbA1c (r = 0.247 p = 0.002), neopterin (r = 0.160 p = 0.045) and FPG (r = 0.207 p = 0.001) respectively. Also, there was positively correlated ADMA with FPG (r = 0.192 p = 0.016) and eAG (r = 0.235 p = 0.003).

**CONCLUSIONS:** Thus, galectin-3 might be a useful prognostic marker in the population with prediabetes and diabetes. Moreover, it can be a marker showing the condition of developing complications in diabetic patients.

#### THE PROGNOSTIC ROLES OF THE KI-67 PROLIFERATION INDEX, P53 EXPRESSION, MITOTIC INDEX, AND RADIOLOGICAL TUMOR INVA-SION IN PITUITARY ADENOMAS.

Hasanov R<sup>1</sup>, Aydoğan Bl<sup>2</sup>, Kiremitçi S<sup>3</sup>, Erden E<sup>3</sup>, Güllü S<sup>1</sup>. Endocr Pathol. 2019 Mar; 30(1):49-55. doi: 10.1007/s12022-018-9563-2.

The fourth edition of the World Health Organization (WHO) classification of pituitary tumors recommended evaluation of tumor proliferation and invasion to identify aggressiveness. We aimed to assess the prognostic roles of the Ki-67 proliferation index, mitotic index, P53 expression, and cavernous sinus invasion in pituitary adenomas (PAs). Among the 601 patients who underwent transnasal/transsphenoidal adenomectomy from 2001 to 2016, 101 patients (16.8%) who had tumors with a high (≥3%) Ki-67 index (group A) and a control group consisting of 43 patients with a low (<3%) Ki 67 index who were matched for age, gender, and tumor type were included. Mitotic index and P53 expressions were evaluated. Patient characteristics, histopathology reports, pre/postoperative magnetic resonance imaging (MRI), and follow-up data were assessed retrospectively. The frequency of macroadenomas and mean tumor size were greater in group A when compared to group B (67.4 vs. 94.1%, p<0.01 and  $25 \pm 10.6$  vs.  $18 \pm 11$  mm, p<0.01, respectively). Invasion to cavernous sinus was found in 53 (36.8%) patients and was more frequent in group A (p<0.01). The mean number of surgery was higher in group A than group B (p<0.05). The mean follow-up period was 46.6 ± 34 months. The postoperative MRIs and follow-up data for at least 24 months were available in 117 patients. Recurrence risk was higher in group A than group B (p=0.03). Tumors with high Ki-67 proliferation index were grouped as 3-5, 6-10, 11-15, and >15%. The risk of recurrence was not different between groups of high Ki-67 index. The optimal cutoff point of the Ki-67 proliferation index that predicted recurrence was 2.5% with 84.6% sensitivity and 47.4% specificity. The cavernous sinus invasion on MRI was associated with recurrence (p=0.03). Tumor size and recurrence risk were not associated with P53 expression. High P53 expression was related with cavernous sinus invasion (p=0.03). The mitotic index was not associated with recurrence risk and tumor invasion. Recurrence risk was higher in tumors with  $\geq 2$  histopathological atypia criteria (p=0.01). High Ki-67 index with a 2.5% cutoff point and cavernous sinus invasion on MRI are reliable markers for predicting recurrence in PAs. Recurrence risk is also higher in tumors with two histopathological aggressiveness criteria. Strict follow-up and more aggressive treatment approaches may be necessary for invasive-proliferative PAs.

# NEUROENDOCRINE CHANGES AFTER ANEURYSMAL SUBARACHNOID HAEMORRHAGE.

Karaca Z<sup>1</sup>, Hacioglu A<sup>2</sup>, Kelestimur F<sup>3</sup>.

Pituitary. 2019 Jun; 22(3): 305-321. doi: 10.1007/s11102-018-00932 w.

**INTRODUCTION:** The prevalence of pituitary dysfunction is high following aneurysmal subarachnoid hemorrhage (aSAH) and when occurs it may contribute to residual symptoms of aSAH such as decreased cognition and quality of life. Hypopituitarism following aSAH may have non-specific, subtle symptoms and potentially serious consequences if remained undiagnosed.

**METHODS:** We reviewed the literature on epidemiology, pathophysiology, diagnostic methods and management of neuroendocrine changes after aSAH as well as on the impact of pituitary dysfunction on outcome of the patient.

**RESULTS:** The prevalence rates of pituitary dysfunction after aSAH varies greatly across studies due to different diagnostic methods, though growth hormone deficiency is generally the most frequently reported followed by adrenocorticotropic hormone, gonadotropin and thyroid stimulating hormone deficiencies. Pituitary deficiency tends to improve over time after aSAH but new onset deficiencies in chronic phase may also occur. There are no clinical parameters to predict the presence of hypopituitarism after aSAH. Age of the patient and surgical procedures are risk factors associated with development of hypopituitarism but the effect of pituitary dysfunction on outcome of the patient is not clear. Replacement of hypocortisolemia and hypothyroidism is essential but treatment of other hormonal insufficiencies should be individualized.

**CONCLUSIONS:** Hypopituitarism following aSAH necessitates screening despite lack of gold standard evaluation tests and cut-off values in the follow up, because missed diagnosis may lead to untoward consequences.

## CLINICAL IMPACT OF P27KIP1 AND CASR EXPRESSION ON PRIMARY HYPERPARATHYROIDISM.

Sengul Aycicek G<sup>1</sup>, Aydogan Bl<sup>2</sup>, Sahin M<sup>2</sup>, Cansız Ersoz C<sup>3</sup>, Sak SD<sup>3</sup>, Baskal N<sup>2</sup>. *Endocr Pathol. 2018 Sep;29(3):250-258. doi: 10.1007/s12022-018-9524-9.* 

We aimed to investigate the expressions of p27 kinase inhibitory protein 1 (p27Kip1) and calcium sensing receptor (CaSR) in adenomas and normal parathyroid tissue and to evaluate the relationship of these molecules with clinical and biochemical parameters in primary hyperparathyroidism (PHPT). Fifty-one patients with histopathologically confirmed parathyroid adenomas and 20 patients with normal parathyroid glands (which were removed incidentally during thyroid resection) were included. Immunohistochemical stainings of CaSR and p27Kip1 were performed in surgical specimens. Clinical features, biochemical parameters, and BMD measurements of patients with PHPT were evaluated retrospectively. Expressions of p27Kip1 and CaSR were decreased in parathyroid adenomas, compared to normal glands (p < 0.05). High intensity of CaSR staining (3+) was more frequent in normal parathyroid tissue (75%) than adenomas (12%) (p < 0.01). Hypertension was not observed in patients with high staining intensity of CaSR (p = 0.032). There was a negative association between CaSR expression and body mass index (BMI) (p = 0.027, r =-0.313). There was no significant relationship between p27Kip1 and CaSR expressions, serum calcium, plasma parathormone, 25-hydroxy vitamin D levels, and bone density (p > 0.05). The expressions of p27Kip1 and CaSR were decreased in PHPT patients. This reduction may play an important role in the pathogenesis of PHPT. However, neither p27Kip1 nor CaSR expression was found to be useful in predicting prognosis or severity of disease.

## SPORTS-RELATED REPETITIVE TRAUMATIC BRAIN INJURY: A NOVEL CAUSE OF PITUITARY DYSFUNCTION.

Sezgin Caglar A<sup>1</sup>, Tanriverdi F<sup>1</sup>, Karaca Z<sup>1</sup>, Unluhizarci K<sup>1</sup>, Kelestimur F<sup>1</sup>. *J Neurotrauma.* 2019 Apr 15;36(8):1195-1202. doi: 10.1089/neu.2018.5751. Epub 2018 Nov 20.

Traumatic brain injury (TBI) is one of the major causes of disability and death, particularly in the young population. Recent clinical studies have demonstrated that TBI-induced pituitary dysfunction occurs more frequently than previously estimated, and this may contribute to delayed diagnosis and treatment of hormonal abnormalities. Today, the popularity of combative sports increases, and athletes who deal with these sports have risks of developing hypopituitarism attributed to repetitive TBIs. Pathogenesis and molecular mechanisms are not completely understood yet. Current studies suggest that athletes who had retired, especially from combative sports, should be screened for hypopituitarism. In this review, we aim to increase the awareness of medical communities, athletes, coaches, and athletic trainers about this issue by sharing the current studies regarding the pituitary dysfunction attributed to repetitive TBI associated with sports.

#### SALIVA AND BLOOD ASPROSIN HORMONE CONCENTRATION ASSOCI-ATED WITH OBESITY.

Ugur K<sup>1</sup>, Aydin S<sup>2</sup>.

Int J Endocrinol. 2019 Mar 27;2019:2521096. doi: 10.1155/2019/2521096. eCollection 2019.

**BACKGROUND:** The aim was to investigate the amounts of saliva and serum asprosin in order to determine whether it is related to obesity and whether salivary glands synthesize asprosin or not.

**METHODS:** A total of 116 underweight, normal weight, overweight, and obese (class I, class II, and class III) volunteers participated in the study. Saliva and blood samples were collected simultaneously from the participants. The amounts of asprosin in saliva, salivary gland tissue supernatants, and bloods were determined by ELISA, whereas asprosin synthesis sites of salivary gland tissues were determined immunohistochemically.

**RESULTS:** The amount of asprosin from the lowest to the highest was in the order as follows: underweight, normal weight (control), overweight, and obese classes I and III. The lowest level of asprosin was detected in underweight individuals. It was also found that the interlobular striated ducts and the interlobular ducts of the submandibular and parotid salivary glands produce asprosin. According to these data, the asprosin level is related with obesity as the amount increases in accordance with increasing body mass index (BMI). On the other hand, there is also a relationship between the underweight adaptors.

**CONCLUSIONS:** Asprosin, a new adipokine, may be a novel indicator of adipose tissue mass. Therefore, we anticipate that antiasprosin preparations may be an alternative in the treatment of obesity in the future.

### **KİTAP BÖLÜMÜ**

Oncologic Critical Care Editors: Joseph L. Nates, Kristen J. Price Hypoglycemia and Hyperglycemia in Critically III Cancer Patients Seda Hanife Oğuz, Uğur Ünlütürk, Şahin Laçin, Alper Gürlek, Suayib Yalçın DOI: https://doi.org/10.1007/978-3-319-74698-2\_89-1 Online ISBN: 978-3-319-74698-2

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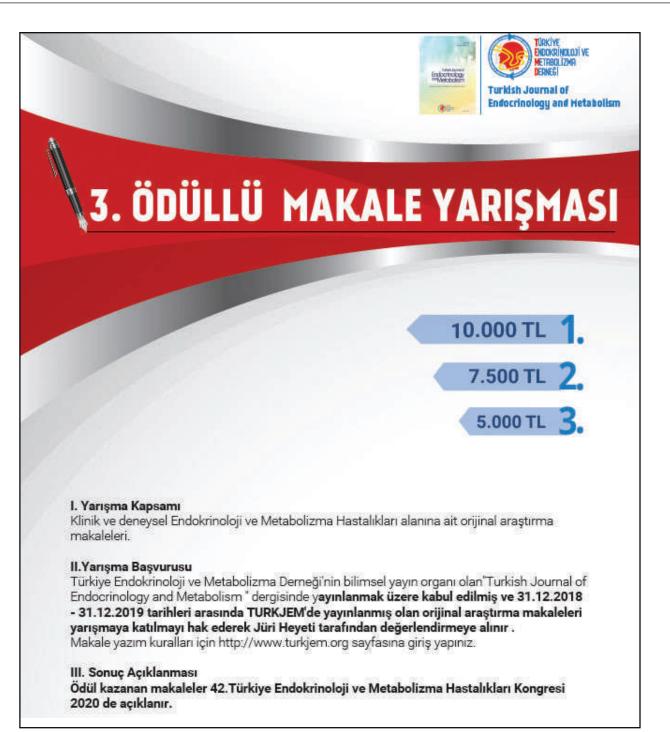
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#### Türkiye Endokrinoloji ve Metabolizma Derneği Bülteni

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